

## AGES 2 -1/2 to 4

### Parent and Me Ages 2 -1/2 to 4

Sat. June 8, 15, 22, 29	10:45-1:30am	\$45
Wed. July 10, 17, 24, 31	10-10:45am	\$45
Sat. Aug 3, 10, 17, 24	10:45-11:30am	\$45

Enjoy and explore the fundamentals of movement, music and rhythm in this developmentally appropriate class. Young dancers and grown up dancers will practice the first steps of a dance class. We will have the opportunity for lots of fun with exercises that develop and strengthen the connectivity of our body and brain.

### Music and Movement Age 3

Sat. June 8, 15, 22, 29  
10-10:30am \$45

Dancers will have fun exploring music and movement concepts, developing dance skills, strengthening the body and brain.

## AGES 6 to 12

### Dance Fundamentals Ages 6-7

June 11/13, 18/20, 25/27  
(Tu/Th) 6-7:00pm \$68

Dancers gain strength, flexibility, self-confidence and are encouraged to create in collaboration with others over the session.

### Dance, Art and Yoga Camp Ages 6-10

Aug 5-8 (M-Th) 1:30 to 3:30pm \$90

Children are invited to explore engaging concepts through many artistic experiences like music exercises, movement stories, creative dance experiences and yoga postures. This fun-filled camp includes hands-on art activities which directly connect to the movement concept explored during a creative dance class or yoga class warm up. Traditional poses and fun games will lead us to embody stories, sequences, and play in new ways.

## AGES 4 to 6

### Dance Fundamentals Ages 4-5

June 11/13, 18/20, 25/27 (Tu/Th) 5- 6:00pm \$68

This class emphasizes movement and musicality. Young dancers will have fun with skills learned through rhyme and rhythm and dance patterns.

### Ballet Fairytales Camp Ages 4-6

June 17-20 (M-Th) 9:30 to 11:30am \$90

You are invited to enter in the wonderful world of ballet and fairy tales such as Cinderella and Sleeping Beauty. Each day of camp will include an age appropriate dance class, musicality and instrument work, storytelling, games, and lots of creating. The dancers will share excerpts in an informal showing for family and friends on the last day.

### Dance Expressions Ages 4-6

Saturdays June, July and August  
8:45 to 9:30am Class card

Creative movement will allow students to explore their imaginations by moving their bodies through space. The class is designed for families to come and go according to their schedules.

### Mary Poppins Dance Camp Ages 4-6

Aug 12-15 (Mon-Th) 9:30 to 11am \$90

Have fun exploring, dancing, and experiencing the story of Mary Poppins in an age-appropriate, dance-concept/ ballet class with many fun activities! Your dancer will engage with the music from this famous musical and explore characters with choreography. The dancers will share excerpts of their work in an informal showing for family and friends on the last day.

### Nutcracker Story Camp Ages 4-6

Aug 19 to 22 (M-Th) 9:30 to 11:30 am \$90

The Nutcracker Ballet story will be used as a springboard for creating a miniature summer Nutcracker ballet! Dance skills, creating age-appropriate choreography, props, costumes, and imagination. The dancers will share excerpts in an informal showing for family and friends on the last day.

## SEE AGES 6 to 10

**Dance Fundamentals Ages 6-7**  
**Dance, Art & Yoga Camp Ages 6-10**

### Yoga & Mindful Movement Ages 6-10

Sat. July 13, 20, 27 10:30-11:30am \$34

This yoga class is a great introduction to the ancient practice of the body, mind, and breath. We will learn many basic poses, and yet expand to yoga sequencing and salutations. The elements of yoga will lead us to fun games that build friendships and stories that help us play in new ways. We will engage in breath, in strengthening, in stretching, and in stillness.

### Peter and the Wolf Ages 8-12

July 8 to 11 (M to Th) 1:00 to 3:00pm \$90

Create and learn choreography for this story ballet with the music of Prokofiev and engaging narration. (Spoiler- Peter with the help of some animal friends captures the wolf and brings it to the zoo.) Ballet technique, acting, costumes, performance preparation and more. Culminates in an informal in-studio performance on the last day.

### Mary Poppins Dance Camp Ages 6-10

August 12-15 (M-Th) 1:30 to 3:30pm \$90

Have fun exploring, dancing, and experiencing the story of Mary Poppins in an age-appropriate, dance-concept/ ballet class with many fun activities! Your dancer will engage with the music from this famous musical and explore characters with choreography. The dancers will share excerpts of their work in an informal showing for family and friends on the last day.

### Ballet Fairytales Camp Ages 6-10

August 5-8 (M to Th) 9:30 to 11:30am \$90

You are invited to enter in the wonderful world of ballet and fairy tales such as Cinderella and Sleeping Beauty. Each day of camp will include an age appropriate dance class, musicality and instrument work, storytelling, games, and lots of creating. The dancers will share excerpts in an informal showing for family and friends on the last day.

## TEENS

### Intro to Modern

#### Middle school age

June 24- 27 (M-Th) 9-10:00am \$45  
Aug 5-8 (M-Th) 9-10:00am \$45

### Intro to Modern

#### High School age

June 24-27 (M-Th) 10:30-11:30am \$45  
Aug 5-8 (M-Th) 10:30-11:30am \$45

Beginning concepts of Cunningham, Graham and Horton technique. Exploring new modalities of moving with time, space, levels and energy.